

Lundi , 16.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Céline

19:05 - 20:00

Fitboxe
Eveline

Mardi , 17.10

19:00 - 19:55

Functional Workout
Jasmin

Mercredi , 18.10

17:55 - 18:25

P.I.I.T
Jasmin

18:25 - 18:55

Simply Core
Jasmin

19:05 - 20:00

Fitboxe
Eveline

Jeudi , 19.10

19:00 - 19:55

Zumba
Patricia

Vendredi , 20.10

Samedi , 21.10

Dimanche , 22.10