

Lundi , 30.12

08:30 - 09:25 <i>Pump</i> Cecilia	12:10 - 13:05 <i>Pilates</i> Brigitta	13:30 - 14:25 <i>Rückenfit</i> Francesca Serena	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	20:00 - 20:55 <i>Yoga</i> Anya
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Mardi , 31.12

10:00 - 10:55 <i>BBP Special</i> Renata
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Mercredi , 01.01

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	09:30 - 10:25 <i>Yoga</i> Anya	10:00 - 10:55 <i>BBP Special</i> Brigitta	18:00 - 18:55 <i>Pilates</i> Francesca Serena
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Jeudi , 02.01

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	10:00 - 10:55 <i>Pilates</i> Angelina	10:00 - 10:55 <i>Pilates</i> Marlene	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	18:45 - 19:15 <i>P.I.I.T</i> Mariella	19:45 - 20:40 <i>Yoga</i> Karin
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Vendredi , 03.01

10:00 - 10:55 <i>Rückenfit</i> Marlene	17:30 - 18:25 <i>Pump</i> Marlene
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Samedi , 04.01

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Team	10:15 - 11:45 <i>Yoga</i> Team
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Dimanche , 05.01

09:15 - 10:10 <i>Yoga</i> Team	09:15 - 10:10 <i>Pilates</i> Marlene	10:30 - 11:00 <i>P.I.I.T</i> Team	11:15 - 12:10 <i>Zumba</i> Team
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