

Lundi , 04.11

08:30 - 09:25 <i>Pump</i> Cecilia	12:10 - 13:05 <i>Pilates</i> Brigitta	13:30 - 14:25 <i>Rückenfit</i> Francesca Serena	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana Patricia	20:00 - 20:55 <i>Yoga</i> Anya
--	--	--	--	---

Mardi , 05.11

09:00 - 09:55 <i>Pilates</i> Brigitta	17:50 - 18:45 <i>Rückenfit</i> Angelina	19:00 - 19:55 <i>Zumba</i> Sabrina	20:10 - 21:05 <i>Pump</i> Mariella
--	--	---	---

Mercredi , 06.11

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	09:30 - 10:25 <i>Yoga</i> Anya	18:00 - 18:55 <i>Pilates</i> Francesca Serena
---	---	--

Jeudi , 07.11

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	10:00 - 10:55 <i>Pilates</i> Marlene	18:00 - 18:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	18:45 - 19:15 <i>P.I.I.T</i> Mariella	19:45 - 20:40 <i>Yoga</i> Karin
--	---	--	--	--

Vendredi , 08.11

10:00 - 10:55 <i>Rückenfit</i> Marlene	17:30 - 18:25 <i>Pump</i> Marlene
---	--

Samedi , 09.11

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	10:15 - 11:45 <i>Yoga</i> Anya
--	---

Dimanche , 10.11

09:15 - 10:10 <i>Pilates</i> Marlene	10:30 - 11:00 <i>P.I.I.T</i> Marlene	11:15 - 12:10 <i>Zumba</i> Sabrina
---	---	---