

Lundi , 16.09

08:30 - 09:25

Pump
Cecilia

12:10 - 13:05

Pilates
Brigitta

13:30 - 14:25

Rückenfit
Francesca Serena

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Lena

20:00 - 20:55

Yoga
Anya

Mardi , 17.09

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Brigitta

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Mariella

Mercredi , 18.09

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Karin

09:30 - 10:25

Yoga
Anya

18:00 - 18:55

Yoga
Jasmin

Jeudi , 19.09

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Vendredi , 20.09

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Karin

Samedi , 21.09

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Sandra

10:15 - 11:45

Yoga
Jeannette

Dimanche , 22.09

09:15 - 10:10

Yoga
Jennifer

10:30 - 11:00

P.I.I.T
Sara

11:15 - 12:10

Zumba
Ariane