

Lundi , 09.09

08:30 - 09:25 <i>Pump</i> Tamara	12:10 - 13:05 <i>Pilates</i> Sibilla	13:30 - 14:25 <i>Rückenfit</i> Francesca Serena	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Lena	20:00 - 20:55 <i>Yoga</i> Anya
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Mardi , 10.09

09:00 - 09:55 <i>Pilates</i> Angelina	17:50 - 18:45 <i>Rückenfit</i> Karin	19:00 - 19:55 <i>Zumba</i> Sabrina	20:10 - 21:05 <i>Pump</i> Tamara
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Mercredi , 11.09

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	09:30 - 10:25 <i>Yoga</i> Anya	18:00 - 18:55 <i>Pilates</i> Francesca Serena
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Jeudi , 12.09

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	10:00 - 10:55 <i>Pilates</i> Marlene	18:00 - 18:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	18:45 - 19:15 <i>P.I.I.T</i> Karin
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Vendredi , 13.09

10:00 - 10:55 <i>Rückenfit</i> Marlene	17:30 - 18:25 <i>Pump</i> Karin
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Samedi , 14.09

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sara	10:15 - 11:45 <i>Yoga</i> Sibilla
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Dimanche , 15.09

09:15 - 10:10 <i>Pilates</i> Francesca Serena	10:30 - 11:00 <i>P.I.I.T</i> Lena	11:15 - 12:10 <i>Zumba</i> Sabrina
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