

**Lundi , 20.05**

**10:00 - 10:55**

*Circuit Training*  
Angelina

**Mardi , 21.05**

**09:00 - 09:55**

*Pilates*  
Brigitta

**17:50 - 18:45**

*Rückenfit*  
Angelina

**19:00 - 19:55**

*Zumba*  
Sabrina

**20:10 - 21:05**

*Pump*  
Tamara

**Mercredi , 22.05**

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Karin

**09:30 - 10:25**

*Yoga*  
Anya

**18:00 - 18:55**

*Pilates*  
Francesca Serena

**Jeudi , 23.05**

**09:00 - 09:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Renata

**10:00 - 10:55**

*Pilates*  
Marlene

**18:00 - 18:30**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Mariella

**18:45 - 19:15**

*P.I.I.T*  
Mariella

**Vendredi , 24.05**

**10:00 - 10:55**

*Rückenfit*  
Marlene

**17:30 - 18:25**

*Pump*  
Sandra

**Samedi , 25.05**

**09:30 - 10:00**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sara

**10:15 - 11:10**

*Yoga*  
Brigitta

**Dimanche , 26.05**

**09:15 - 10:10**

*Pilates*  
Marlene

**10:30 - 11:00**

*P.I.I.T*  
Lisa

**11:15 - 12:10**

*Zumba*  
Mariella