

Lundi , 11.03

08:30 - 09:25 <i>Pump</i> Vicky	12:10 - 13:05 <i>Pilates</i> Vicky	13:30 - 14:25 <i>Rückenfit</i> Vicky	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana Patricia	20:00 - 20:55 <i>Yoga</i> Anya
--	---	---	--	---

Mardi , 12.03

09:00 - 09:55 <i>Pilates</i> Brigitta	17:50 - 18:45 <i>Rückenfit</i> Cecilia	19:00 - 19:55 <i>Zumba</i> Sabrina	20:10 - 21:05 <i>Pump</i> Mariella
--	---	---	---

Mercredi , 13.03

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	09:30 - 10:25 <i>Yoga</i> Anya	18:00 - 18:55 <i>Pilates</i> Francesca Serena
---	---	--

Jeudi , 14.03

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	10:00 - 10:55 <i>Pilates</i> Marlene	18:00 - 18:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	18:45 - 19:15 <i>P.I.I.T</i> Mariella
--	---	--	--

Vendredi , 15.03

10:00 - 10:55 <i>Rückenfit</i> Marlene	17:30 - 18:25 <i>Pump</i> Michael
---	--

Samedi , 16.03

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Lena	10:15 - 11:45 <i>Yoga</i> Jasmin
--	---

Dimanche , 17.03

09:15 - 10:10 <i>Pilates</i> Marlene	10:30 - 11:00 <i>P.I.I.T</i> Michael	11:15 - 12:10 <i>Zumba</i> Mariella
---	---	--