

Lundi , 04.03

08:30 - 09:25

Pump
Vicky

12:10 - 13:05

Pilates
Vicky

13:30 - 14:25

Rückenfit
Vicky

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Diana Patricia

20:00 - 20:55

Yoga
Anya

Mardi , 05.03

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Tamara

Mercredi , 06.03

08:30 - 09:25

BBP (Bauch, Beine, Po) / Bodytone
Karin

09:30 - 10:25

Yoga
Anya

18:00 - 18:55

Pilates
Francesca Serena

Jeudi , 07.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

BBP (Bauch, Beine, Po) / Bodytone
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Vendredi , 08.03

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samedi , 09.03

09:30 - 10:00

BBP (Bauch, Beine, Po) / Bodytone
Lena

10:15 - 11:45

Yoga
Dana

Dimanche , 10.03

09:15 - 10:10

Yoga
Anya

10:30 - 11:00

P.I.I.T
Sara

11:15 - 12:10

Zumba
Ariane