

Lundi , 25.12

10:00 - 10:55

Yoga Special
Anya

Mardi , 26.12

10:00 - 10:55

P.I.I.T Special
Michael

Mercredi , 27.12

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Anya

09:30 - 10:25

Yoga
Anya

18:00 - 18:55

Pilates
Martina

Jeudi , 28.12

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

*BBP (Bauch, Beine,
Po) / Bodytone*
Michael

18:45 - 19:15

P.I.I.T
Michael

Vendredi , 29.12

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samedi , 30.12

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Michael

10:15 - 11:45

Yoga
Anya

Dimanche , 31.12

10:00 - 10:55

BBP Special
Renata