

Lundi , 09.10

08:30 - 09:25 <i>Pump</i> Vicky	12:10 - 13:05 <i>Pilates</i> Sibilla	13:30 - 14:25 <i>Rückenfit</i> Sibilla	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana Patricia	20:00 - 20:55 <i>Yoga</i> Anya
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Mardi , 10.10

09:00 - 09:55 <i>Pilates</i> Brigitta	17:50 - 18:45 <i>Rückenfit</i> Cecilia	19:00 - 19:55 <i>Zumba</i> Sabrina	20:10 - 21:05 <i>Pump</i> Mariella
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Mercredi , 11.10

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vicky	09:30 - 10:25 <i>Pilates</i> Vicky	18:00 - 18:55 <i>Pilates</i> Martina
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Jeudi , 12.10

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	10:00 - 10:55 <i>Pilates</i> Brigitta	18:00 - 18:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	18:45 - 19:15 <i>P.I.I.T</i> Mariella
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Vendredi , 13.10

10:00 - 10:55 <i>Rückenfit</i> Michael	17:30 - 18:25 <i>Pump</i> Michael
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Samedi , 14.10

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra	10:15 - 11:45 <i>Yoga</i> Sibilla
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Dimanche , 15.10

09:15 - 10:10 <i>Yoga</i> Anya	10:30 - 11:00 <i>P.I.I.T</i> Sandra	11:15 - 12:10 <i>Zumba</i> Ariane
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