

Lundi , 31.07

08:30 - 09:25 <i>Pump</i> Vicky	12:10 - 13:05 <i>Pilates</i> Vicky	13:30 - 14:25 <i>Rückenfit</i> Martina	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Diana Patricia	19:15 - 19:45 <i>Upcon</i> Lena	20:00 - 20:55 <i>Yoga</i> Anya
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Mardi , 01.08

Mercredi , 02.08

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Vicky	09:30 - 10:25 <i>Pilates</i> Vicky	18:00 - 18:55 <i>Pilates</i> Martina
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Jeudi , 03.08

10:00 - 10:55 <i>Pilates</i> Vicky	18:00 - 18:30 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Michael	18:45 - 19:15 <i>P.I.I.T</i> Claude
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Vendredi , 04.08

10:00 - 10:55 <i>Rückenfit</i> Martina	17:30 - 18:25 <i>Pump</i> Michael
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Samedi , 05.08

09:30 - 10:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Michael	10:15 - 11:45 <i>Yoga</i> Franziska
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Dimanche , 06.08

09:15 - 10:10 <i>Yoga</i> Jeannette	10:30 - 11:00 <i>P.I.I.T</i> Lena
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