

**Lundi , 15.05**

**08:30 - 09:25**

*Pump*  
Vicky

**12:10 - 13:05**

*Pilates*  
Sibilla

**13:30 - 14:25**

*Rückenfit*  
Sibilla

**18:00 - 18:55**

*BBP (Bauch,  
Beine, Po) /  
Bodytone*  
Diana Patricia

**19:15 - 19:45**

*Upcon*  
Lena

**20:00 - 20:55**

*Yoga*  
Anya

**Mardi , 16.05**

**09:00 - 09:55**

*Pilates*  
Vicky

**17:50 - 18:45**

*Rückenfit*  
Martina

**19:00 - 19:55**

*Zumba*  
Sabrina

**20:10 - 21:05**

*Pump*  
Mariella

**Mercredi , 17.05**

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Karin

**09:30 - 10:25**

*Yoga*  
Sibilla

**18:00 - 18:55**

*Pilates*  
Martina

**Jeudi , 18.05**

**10:00 - 10:55**

*P.I.I.T Special*  
Sara

**Vendredi , 19.05**

**10:00 - 10:55**

*Rückenfit*  
Martina

**17:30 - 18:25**

*Pump*  
Michael

**Samedi , 20.05**

**09:30 - 10:00**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sara

**10:15 - 11:45**

*Pilates*  
Marlene

**Dimanche , 21.05**

**09:15 - 10:10**

*Pilates*  
Marlene

**10:30 - 11:00**

*P.I.I.T*  
Sandra

**11:15 - 12:10**

*Zumba*  
Sabrina