

### Lundi , 01.05

#### 10:00 - 10:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sara

### Mardi , 02.05

#### 09:00 - 09:55

*Pilates*  
Brigitta

#### 17:50 - 18:45

*Rückenfit*  
Martina

#### 19:00 - 19:55

*Zumba*  
Sabrina

#### 20:10 - 21:05

*Pump*  
Mariella

### Mercredi , 03.05

#### 08:30 - 09:25

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Karin

#### 09:30 - 10:25

*Yoga*  
Anya

#### 18:00 - 18:55

*Pilates*  
Martina

### Jeudi , 04.05

#### 09:00 - 09:55

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Renata

#### 10:00 - 10:55

*Pilates*  
Marlene

#### 18:00 - 18:30

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Mariella

#### 18:45 - 19:15

*P.I.I.T*  
Mariella

### Vendredi , 05.05

#### 10:00 - 10:55

*Rückenfit*  
Marlene

#### 17:30 - 18:25

*Pump*  
Michael

### Samedi , 06.05

#### 09:30 - 10:00

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Lena

#### 10:15 - 11:45

*Yoga*  
Jeannette

### Dimanche , 07.05

#### 09:15 - 10:10

*Pilates*  
Marlene

#### 10:30 - 11:00

*P.I.I.T*  
Sandra

#### 11:15 - 12:10

*Zumba*  
Diana Patricia