

**Lundi , 24.04**

**08:30 - 09:25**

*Pump*  
Vicky

**12:10 - 13:05**

*Pilates*  
Sibilla

**13:30 - 14:25**

*Rückenfit*  
Sibilla

**18:00 - 18:55**

*BBP (Bauch,  
Beine, Po) /  
Bodytone*  
Diana Patricia

**19:15 - 19:45**

*Upcon*  
Lena

**20:00 - 20:55**

*Yoga*  
Anya

**Mardi , 25.04**

**09:00 - 09:55**

*Pilates*  
Marlene

**17:50 - 18:45**

*Rückenfit*  
Martina

**19:00 - 19:55**

*Zumba*  
Sabrina

**20:10 - 21:05**

*Pump*  
Tamara

**Mercredi , 26.04**

**08:30 - 09:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Karin

**09:30 - 10:25**

*Yoga*  
Jennifer

**18:00 - 18:55**

*Pilates*  
Martina

**Jeudi , 27.04**

**09:00 - 09:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Renata

**10:00 - 10:55**

*Pilates*  
Marlene

**18:00 - 18:30**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Mariella

**18:45 - 19:15**

*P.I.I.T*  
Mariella

**Vendredi , 28.04**

**10:00 - 10:55**

*Rückenfit*  
Marlene

**17:30 - 18:25**

*Pump*  
Mariella

**Samedi , 29.04**

**09:30 - 10:00**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**10:15 - 11:45**

*Yoga*  
Anya

**Dimanche , 30.04**

**09:15 - 10:10**

*Yoga*  
Jasmin

**10:30 - 11:00**

*P.I.I.T*  
Mariella

**11:15 - 12:10**

*Zumba*  
Sabrina