

Lundi , 10.04

10:00 - 10:55

Upcon
Lena

Mardi , 11.04

09:00 - 09:55

Pilates
Brigitta

17:50 - 18:45

Rückenfit
Martina

19:00 - 19:55

Zumba
Sabrina

20:10 - 21:05

Pump
Tamara

Mercredi , 12.04

08:30 - 09:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Anya

09:30 - 10:25

Yoga
Jennifer

18:00 - 18:55

Pilates
Martina

Jeudi , 13.04

09:00 - 09:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Renata

10:00 - 10:55

Pilates
Marlene

18:00 - 18:30

*BBP (Bauch, Beine,
Po) / Bodytone*
Mariella

18:45 - 19:15

P.I.I.T
Mariella

Vendredi , 14.04

10:00 - 10:55

Rückenfit
Marlene

17:30 - 18:25

Pump
Michael

Samedi , 15.04

09:30 - 10:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

10:15 - 11:45

Yoga
Sibilla

Dimanche , 16.04

09:15 - 10:10

Yoga
Jennifer

10:30 - 11:00

P.I.I.T
Sara

11:15 - 12:10

Zumba
Mariella