

Lundi , 02.09

**09:10 - 10:05**

*Pump*  
Lydia

**18:00 - 18:30**

*P.I.I.T*  
Sara

**18:40 - 19:35**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sara

Mardi , 03.09

**18:00 - 18:55**

*Power Yoga*  
Manuela

**19:05 - 19:35**

*Stretching*  
Manuela

Mercredi , 04.09

**09:10 - 10:05**

*Pump*  
Barbara

**10:10 - 10:40**

*Simply Core*  
Barbara

Jeudi , 05.09

**09:10 - 10:05**

*Functional Workout*  
Sara

**18:45 - 19:40**

*Pump*  
Janine

Vendredi , 06.09

**10:15 - 11:10**

*Pilates*  
Yvette

Samedi , 07.09

Dimanche , 08.09

**09:10 - 10:05**

*Pump*  
Barbara