

**Lundi , 06.05**

**09:10 - 10:05**

*Pump*  
Lydia

**10:10 - 10:40**

*P.I.I.T*  
Lydia

**18:00 - 18:30**

*P.I.I.T*  
Rahel

**18:40 - 19:35**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Sara

**Mardi , 07.05**

**18:00 - 18:55**

*Power Yoga*  
Manuela

**Mercredi , 08.05**

**09:10 - 10:05**

*Pump*  
Barbara

**10:10 - 10:40**

*Simply Core*  
Barbara

**18:30 - 19:25**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Monika

**19:35 - 20:30**

*Pilates*  
Monika

**Jeudi , 09.05**

**Vendredi , 10.05**

**10:15 - 11:10**

*Pilates*  
Yvette

**Samedi , 11.05**

**Dimanche , 12.05**

**09:10 - 10:05**

*Pump*  
Barbara