

Lundi , 01.04

Mardi , 02.04

**18:00 - 18:55**

*Power Yoga*  
Manuela

Mercredi , 03.04

**09:10 - 10:05**

*Pump*  
Barbara

**10:10 - 10:40**

*Simply Core*  
Barbara

**18:30 - 19:25**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Monika

**19:35 - 20:30**

*Pilates*  
Monika

Jeudi , 04.04

**09:10 - 10:05**

*Functional Workout*  
Sara

**18:45 - 19:40**

*Pump*  
Janine

Vendredi , 05.04

**10:15 - 11:10**

*Pilates*  
Yvette

Samedi , 06.04

Dimanche , 07.04

**09:10 - 10:05**

*Yoga*  
Nadine