

**Lundi , 11.09**

**09:10 - 09:40**

*Pump i.t.*  
Lydia

**09:45 - 10:15**

*P.I.I.T*  
Lydia

**18:00 - 18:55**

*Pump*  
Sophie

**Mardi , 12.09**

**18:00 - 18:55**

*Power Yoga*  
Manuela

**Mercredi , 13.09**

**09:10 - 10:05**

*Pump*  
Barbara

**10:05 - 10:35**

*Simply Core*  
Barbara

**19:00 - 19:55**

*Pump*  
Janine

**Jeudi , 14.09**

**09:10 - 10:05**

*Functional Workout*  
Barbara

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Monika

**19:35 - 20:30**

*Pilates*  
Monika

**Vendredi , 15.09**

**10:15 - 11:10**

*Pilates*  
Yvette

**Samedi , 16.09**

**Dimanche , 17.09**

**09:10 - 10:05**

*Pump*  
Lydia