

Lundi , 30.12

09:00 - 09:55

Pump
Sandy

19:00 - 19:55

Fitboxe
Sandy

20:15 - 21:10

Power Yoga
Franziska

Mardi , 31.12

Mercredi , 01.01

Jeudi , 02.01

09:10 - 10:05

Rückengymnastik
Olivia

12:15 - 12:45

P.I.I.T
Janina

18:00 - 18:55

Pump
Monika

19:05 - 20:00

BBP (Bauch, Beine, Po) / Bodytone
Arlette

Vendredi , 03.01

09:00 - 09:55

Yoga
Lisa

10:05 - 11:00

BBP (Bauch, Beine, Po) / Bodytone
Jasmin

Samedi , 04.01

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandy

Dimanche , 05.01

09:20 - 10:15

Zumba
Marion

10:30 - 11:25

Pump
Monika