

Lundi , 25.03

09:00 - 09:55

Pump
Adriana

19:00 - 19:55

Fitboxe
Sandy

20:15 - 21:10

Power Yoga
Liliya

Mardi , 26.03

09:00 - 09:55

Pump
Monika

10:10 - 11:05

Pilates
Sarah

12:15 - 12:45

P.I.I.T
Monika

18:15 - 19:10

Pump
Sarah

19:15 - 20:10

Dance Step
Christina

Mercredi , 27.03

09:30 - 10:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Gabriela

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Sandy

20:05 - 21:00

Deep Stretch
Vesna

Jeudi , 28.03

09:10 - 10:05

Rückengymnastik
Olivia

12:15 - 12:45

P.I.I.T
Janina

18:00 - 18:55

Pump
Fabien

19:05 - 20:00

*BBP (Bauch, Beine,
Po) / Bodytone*
Arlette

Vendredi , 29.03

Samedi , 30.03

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandy

Dimanche , 31.03

11:00 - 12:00

BBP Special
Arlette