

**Lundi , 25.12**

**09:30 - 10:25**

*Yoga Special*  
Liliya

**11:00 - 11:55**

*Zumba Special*  
Olivia

**Mardi , 26.12**

**Mercredi , 27.12**

**09:30 - 10:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nadine

**17:55 - 18:50**

*Zumba*  
Marion

**19:05 - 20:00**

*Fitboxe*  
Arlette

**Jeudi , 28.12**

**09:10 - 10:05**

*Rückengymnastik*  
Claudia

**12:15 - 12:45**

*P.I.I.T*  
Janina

**18:00 - 18:55**

*Pump*  
Monika

**19:05 - 20:00**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Arlette

**Vendredi , 29.12**

**09:05 - 10:00**

*Yoga*  
Lisa

**10:15 - 11:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jasmin

**Samedi , 30.12**

**09:00 - 09:55**

*Yoga*  
Annemie

**10:15 - 11:10**

*Fitboxe*  
Sandy

**Dimanche , 31.12**

**09:20 - 10:15**

*Zumba*  
Marion

**10:30 - 11:25**

*Pump*  
Sarah