

Lundi , 04.12

09:00 - 09:55 <i>Pump</i> Adriana	19:00 - 19:55 <i>Fitboxe</i> Sandy	20:15 - 21:10 <i>Power Yoga</i> Liliya
--	---	---

Mardi , 05.12

09:00 - 09:55 <i>Pump</i> Monika	10:10 - 11:05 <i>Pilates</i> Sarah	12:15 - 12:45 <i>P.I.I.T</i> Monika	18:15 - 19:10 <i>Pump</i> Sarah	19:15 - 20:10 <i>Dance Step</i> Christina
---	---	--	--	--

Mercredi , 06.12

09:30 - 10:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Nadine	17:55 - 18:50 <i>Zumba</i> Marion	19:05 - 20:00 <i>Fitboxe</i> Alina
--	--	---

Jeudi , 07.12

09:10 - 10:05 <i>Rückengymnastik</i> Olivia	12:15 - 12:45 <i>P.I.I.T</i> Janina	18:00 - 18:55 <i>Pump</i> Monika	19:05 - 20:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Arlette
--	--	---	---

Vendredi , 08.12

09:05 - 10:00 <i>Yoga</i> Lisa	10:15 - 11:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jasmin
---	--

Samedi , 09.12

09:00 - 09:55 <i>Yoga</i> Annemie	10:15 - 11:10 <i>Fitboxe</i> Sandy
--	---

Dimanche , 10.12

09:20 - 10:15 <i>Zumba</i> Petra	10:30 - 11:25 <i>Pump</i> Sarah
---	--