

Lundi , 18.09

08:30 - 09:25 Yoga Michaela	09:30 - 10:25 Pump Adriana	19:00 - 19:55 Fitboxe Arlette	20:05 - 21:00 Power Yoga Liliya
--	---	--	--

Mardi , 19.09

09:00 - 09:55 Pump Monika	10:10 - 11:05 Pilates Sarah	12:15 - 12:45 P.I.I.T Monika	18:15 - 19:10 Pump Sarah	19:15 - 20:10 Dance Step Christina
--	--	---	---------------------------------------	---

Mercredi , 20.09

09:30 - 10:25 BBP (Bauch, Beine, Po) / Bodytone Gabriela	17:55 - 18:50 Zumba Uriel	19:05 - 20:00 Fitboxe Alina
--	--	--

Jeudi , 21.09

09:10 - 10:05 Rückengymnastik Olivia	12:15 - 12:45 P.I.I.T Janina	18:00 - 18:55 Pump Monika	19:05 - 20:00 BBP (Bauch, Beine, Po) / Bodytone Arlette
---	---	--	---

Vendredi , 22.09

09:05 - 10:00 Yoga Lisa	10:15 - 11:10 BBP (Bauch, Beine, Po) / Bodytone Jasmin
--------------------------------------	--

Samedi , 23.09

09:00 - 09:55 Yoga Annemie	10:15 - 11:10 Fitboxe Nicole
---	---

Dimanche , 24.09

09:20 - 10:15 Zumba Petra	10:30 - 11:25 Pump Sarah
--	---------------------------------------