

Lundi , 04.09

08:30 - 09:25 Yoga Michaela	09:30 - 10:25 Pump Adriana	19:00 - 19:55 Fitboxe Sandy	20:05 - 21:00 Power Yoga Liliya
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Mardi , 05.09

09:00 - 09:55 Pump Adriana	10:10 - 11:05 Pilates Sarah	12:15 - 12:45 P.I.I.T Janina	18:15 - 19:10 Pump Aja	19:15 - 20:10 Dance Step Christina
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Mercredi , 06.09

09:30 - 10:25 BBP (Bauch, Beine, Po) / Bodytone Gabriela	17:55 - 18:50 Zumba Olivia	19:05 - 20:00 Fitboxe Alina
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Jeudi , 07.09

09:10 - 10:05 Rückengymnastik Olivia	12:15 - 12:45 P.I.I.T Janina	18:00 - 18:55 Pump Jasmin	19:05 - 20:00 BBP (Bauch, Beine, Po) / Bodytone Arlette
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Vendredi , 08.09

09:05 - 10:00 Yoga Lisa	10:15 - 11:10 BBP (Bauch, Beine, Po) / Bodytone Jasmin
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Samedi , 09.09

09:00 - 09:55 Yoga Annemie	10:15 - 11:10 Fitboxe Sandy
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Dimanche , 10.09

09:20 - 10:15 Zumba Petra	10:30 - 11:25 Pump Fabien
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