

Lundi , 24.07

08:30 - 09:25

Yoga
Franziska

09:30 - 10:25

Pump
Vasiliki

19:00 - 19:55

Fitboxe
Sandra

20:05 - 21:00

Power Yoga
Nina

Mardi , 25.07

09:00 - 09:55

Pump
Monika

10:10 - 11:05

Pilates
Sarah

18:15 - 19:10

Pump
Sarah

Mercredi , 26.07

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Sandra

Jeudi , 27.07

09:10 - 10:05

Rückengymnastik
Sarah

18:00 - 18:55

Pump
Monika

Vendredi , 28.07

09:05 - 10:00

Yoga
Katja

10:15 - 11:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

Samedi , 29.07

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandra

Dimanche , 30.07

10:30 - 11:25

Pump
Sarah