

Lundi , 17.07

08:30 - 09:25 Yoga Franziska	09:30 - 10:25 Pump Vasiliki	19:00 - 19:55 Fitboxe Arlette	20:05 - 21:00 Power Yoga Nina
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Mardi , 18.07

09:00 - 09:55 Pump Monika	10:10 - 11:05 Pilates Sarah	18:15 - 19:10 Pump Jasmin
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Mercredi , 19.07

09:30 - 10:25 BBP (Bauch, Beine, Po) / Bodytone Andrea	17:55 - 18:50 Zumba Margarita	19:05 - 20:00 Fitboxe Arlette
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Jeudi , 20.07

09:10 - 10:05 Rückengymnastik Olivia	18:00 - 18:55 Pump Monika	19:05 - 20:00 Fighttime 55' Arlette
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Vendredi , 21.07

09:05 - 10:00 Yoga Lisa	10:15 - 11:10 BBP (Bauch, Beine, Po) / Bodytone Nena Nevenka
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Samedi , 22.07

09:00 - 09:55 Yoga Annemie	10:15 - 11:10 Fitboxe Nicole
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Dimanche , 23.07

10:30 - 11:25 Pump Fabien
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