

Lundi , 29.05

10:30 - 11:25

Fitboxe Special
Sandra

Mardi , 30.05

09:00 - 09:55

Pump
Monika

10:10 - 11:05

Pilates
Sarah

12:15 - 12:45

P.I.I.T
Monika

18:15 - 19:10

Pump
Sarah

19:15 - 20:10

Dance Step
Christina

Mercredi , 31.05

08:30 - 09:25

Zumba
Petra

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Severine

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Alina

Jeudi , 01.06

09:10 - 10:05

Rückengymnastik
Olivia

12:15 - 12:45

P.I.I.T
Janina

18:00 - 18:55

Pump
Monika

19:05 - 20:00

Fighttime 55'
Arlette

Vendredi , 02.06

09:05 - 10:00

Yoga
Lisa

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
Jasmin

Samedi , 03.06

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandra

Dimanche , 04.06

09:20 - 10:15

Zumba
Petra

10:30 - 11:25

Pump
Sarah