

Lundi , 03.03

08:40 - 09:10

P.I.I.T
Fabienne

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 04.03

19:15 - 20:10

Pilates
Giobana

Mercredi , 05.03

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 06.03

09:15 - 10:10

Pilates
Giobana

18:30 - 18:55

P.I.I.T
Fabienne

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Vendredi , 07.03

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 08.03

09:15 - 10:10

Power Yoga
Julia

Dimanche , 09.03