

Lundi , 20.01

08:40 - 09:10

P.I.I.T
Fabienne

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 21.01

19:15 - 20:10

Pilates
Giobana

Mercredi , 22.01

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 23.01

09:15 - 10:10

Pilates
Giobana

18:30 - 18:55

P.I.I.T
Fabienne

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Vendredi , 24.01

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 25.01

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Team

Dimanche , 26.01