

**Lundi , 02.12**

**08:40 - 09:10**

*P.I.I.T*  
Fabienne

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**18:00 - 18:55**

*Power Yoga*  
Giobana

**19:05 - 20:00**

*Fitboxe*  
Daniela

**Mardi , 03.12**

**19:15 - 20:10**

*Pilates*  
Giobana

**Mercredi , 04.12**

**18:00 - 18:55**

*Zumba*  
Ivana

**19:15 - 20:10**

*Pump*  
Daniela

**Jeudi , 05.12**

**09:15 - 10:10**

*Pilates*  
Giobana

**18:30 - 18:55**

*P.I.I.T*  
Fabienne

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**Vendredi , 06.12**

**09:15 - 10:10**

*Yoga*  
Giobana

**18:15 - 19:10**

*Fitboxe*  
Daniela

**Samedi , 07.12**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) / Bodytone*  
Alina

**10:15 - 11:10**

*Zumba*  
Ivana

**11:15 - 12:10**

*Fitboxe*  
Daniela

**Dimanche , 08.12**