

Lundi , 18.11

08:40 - 09:10

P.I.I.T
Fabienne

09:10 - 10:05

*BBP (Bauch, Beine,
Po) / Bodytone*
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 19.11

19:15 - 20:10

Pilates
Giobana

Mercredi , 20.11

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 21.11

09:15 - 10:10

Pilates
Giobana

18:30 - 18:55

P.I.I.T
Fabienne

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Vendredi , 22.11

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 23.11

09:15 - 10:10

Pump
Daniela

Dimanche , 24.11