

Lundi , 11.11

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 12.11

19:15 - 20:10

Pilates
Giobana

Mercredi , 13.11

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 14.11

09:15 - 10:10

Pilates
Giobana

18:30 - 18:55

P.I.I.T
Fabienne

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Vendredi , 15.11

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 16.11

09:15 - 10:10

Zumba
Ivana

Dimanche , 17.11