

Lundi , 28.10

08:40 - 09:10

P.I.I.T
Fabienne

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 29.10

19:15 - 20:10

Pilates
Giobana

Mercredi , 30.10

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Daniela

Jeudi , 31.10

09:15 - 10:10

Pilates
Giobana

18:30 - 18:55

P.I.I.T
Fabienne

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

Vendredi , 01.11

Samedi , 02.11

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Pam

Dimanche , 03.11