

### Lundi , 21.10

#### 08:40 - 09:10

*P.I.I.T*  
Fabienne

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

#### 18:00 - 18:55

*Power Yoga*  
Giobana

#### 19:05 - 20:00

*Fitboxe*  
Daniela

### Mardi , 22.10

#### 19:15 - 20:10

*Pilates*  
Giobana

### Mercredi , 23.10

#### 18:00 - 18:55

*Zumba*  
Ivana

#### 19:15 - 20:10

*Pump*  
Daniela

### Jeudi , 24.10

#### 09:15 - 10:10

*Pilates*  
Giobana

#### 18:30 - 18:55

*P.I.I.T*  
Fabienne

#### 19:00 - 19:55

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

### Vendredi , 25.10

#### 09:15 - 10:10

*Yoga*  
Julia

#### 18:15 - 19:10

*Fitboxe*  
Daniela

### Samedi , 26.10

#### 09:15 - 10:10

*Pump*  
Daniela

### Dimanche , 27.10