

Lundi , 07.10

08:40 - 09:10

P.I.I.T
Fabienne

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Fabienne

18:00 - 18:55

Power Yoga
Giobana

19:05 - 20:00

Fitboxe
Daniela

Mardi , 08.10

19:15 - 20:10

Pilates
Giobana

Mercredi , 09.10

18:00 - 18:55

Zumba
Ivana

19:15 - 20:10

Pump
Dominic

Jeudi , 10.10

09:15 - 10:10

Pilates
Giobana

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Alina

Vendredi , 11.10

09:15 - 10:10

Yoga
Giobana

18:15 - 19:10

Fitboxe
Daniela

Samedi , 12.10

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Pam

Dimanche , 13.10