

Lundi , 16.12

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Dario

Mardi , 17.12

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 18.12

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 19.12

18:30 - 19:25

Pump
Sally

19:30 - 20:25

Pilates
Sally

Vendredi , 20.12

Samedi , 21.12

Dimanche , 22.12

09:30 - 10:25

Power Yoga
Camille