

**Lundi , 02.12**

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

**Mardi , 03.12**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Camille

**Mercredi , 04.12**

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Michael

**Jeudi , 05.12**

**18:30 - 19:25**

*Pump*  
Noy

**19:30 - 20:25**

*BodyART International*  
Noy

**Vendredi , 06.12**

**Samedi , 07.12**

**Dimanche , 08.12**

**09:30 - 10:25**

*Power Yoga*  
Camille