

Lundi , 21.10

09:10 - 10:05

Rückengymnastik
Esther

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Dario

Mardi , 22.10

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 23.10

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 24.10

18:30 - 19:25

Pump
Noy

19:30 - 20:25

BodyART International
Noy

Vendredi , 25.10

Samedi , 26.10

Dimanche , 27.10