

Lundi , 14.10

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Mardi , 15.10

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 16.10

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 17.10

18:30 - 19:25

Pump
Noy

19:30 - 20:25

BodyART International
Noy

Vendredi , 18.10

Samedi , 19.10

Dimanche , 20.10