

Lundi , 16.09

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Mardi , 17.09

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 18.09

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 19.09

19:00 - 19:55

Power Yoga
Kamala

Vendredi , 20.09

Samedi , 21.09

Dimanche , 22.09