

Lundi , 03.06

09:10 - 10:00

Rückengymnastik
Esther

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Dario

Mardi , 04.06

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 05.06

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 06.06

18:30 - 19:25

Pump
Sally

19:30 - 20:30

Pilates
Sally

Vendredi , 07.06

Samedi , 08.06

Dimanche , 09.06