

Lundi , 06.05

09:10 - 10:05

Pilates
Bettina

18:15 - 19:00

Step Aerobic
Noy

19:15 - 20:10

Pump
Yvonne

Mardi , 07.05

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 08.05

Jeudi , 09.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alla

10:10 - 11:05

Power Yoga
Alla

Vendredi , 10.05

Samedi , 11.05

Dimanche , 12.05

09:30 - 10:25

Power Yoga
Silvana