

Lundi , 22.04

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Mardi , 23.04

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mercredi , 24.04

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 25.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:30 - 19:25

Pump
Noy

19:30 - 20:25

BodyART International
Noy

Vendredi , 26.04

Samedi , 27.04

Dimanche , 28.04

09:30 - 10:25

Power Yoga
Silvana