

**Lundi , 05.02**

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Noy

**19:15 - 20:10**

*Pump*  
Yvonne

**Mardi , 06.02**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Alla

**Mercredi , 07.02**

**12:15 - 12:15**

*Upcon*  
Bettina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Michael

**Jeudi , 08.02**

**19:20 - 20:15**

*Power Yoga*  
Ines

**Vendredi , 09.02**

**Samedi , 10.02**

**Dimanche , 11.02**

**09:30 - 10:25**

*Power Yoga*  
Camille