

Lundi , 01.01

Mardi , 02.01

09:10 - 10:05

Power Yoga
Alla

Mercredi , 03.01

12:15 - 12:15

Upcon
Debi

19:00 - 19:55

Power Yoga
Camille

Jeudi , 04.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 05.01

Samedi , 06.01

Dimanche , 07.01