

Lundi , 18.12

09:10 - 10:05

Power Yoga
Agnes

12:15 - 12:45

Pump i.t.
Yvonne

18:15 - 19:00

Step Aerobic
Marion

19:15 - 20:10

Pump
Yvonne

Mardi , 19.12

18:00 - 18:55

Power Yoga
Camille

Mercredi , 20.12

12:15 - 12:45

Upcon
Debi

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 21.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 22.12

Samedi , 23.12

Dimanche , 24.12