

Lundi , 16.10

09:10 - 10:05

Yoga
Chiara

12:15 - 12:45

Pump i.t.
Yvonne

19:15 - 20:10

Pump
Yvonne

Mardi , 17.10

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Katrin

Mercredi , 18.10

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 19.10

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

18:15 - 19:10

Pump
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 20.10

Samedi , 21.10

09:10 - 10:05

Upcon
Bettina

Dimanche , 22.10