

Lundi , 05.06

09:10 - 10:05

Pilates
Barbara

12:15 - 12:45

Pump i.t.
Yvonne

18:00 - 18:55

Zumba
Irma

19:15 - 20:10

Pump
Tanja

Mardi , 06.06

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Camille

Mercredi , 07.06

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Michael

Jeudi , 08.06

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

10:10 - 11:05

Power Yoga
Silvana

Vendredi , 09.06

Samedi , 10.06

09:10 - 10:05

Upcon
Bettina

Dimanche , 11.06