

Lundi , 22.05

09:10 - 10:05

Pilates
Barbara

12:15 - 12:45

Pump i.t.
Yvonne

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Mardi , 23.05

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Camille

Mercredi , 24.05

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Jeudi , 25.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:20 - 20:15

Power Yoga
Silvana

Vendredi , 26.05

Samedi , 27.05

09:10 - 10:05

Upcon
Bettina

Dimanche , 28.05